

# JOURNAL of WELLNESS

www.journalofwellness.com

MAY 2022  
VOLUME 3  
NUMBER 3

## Original Research

### **Chronotype, Shift Work, and Sleep Problems Among Emergency Medicine Clinicians**

*Emily L. Hirsh, Thomas W. Britt, Zachary Klinefelter, Justine Liptak, Cody Meyers, Katie Daniels, and Lauren A. Fowler*

### **Wellness and Professional Quality of Life in Counselor-in-Training Interns: Assessment of Wellness and Non-Wellness-Infused Supervision**

*Ashley J. Blount, Abby L. Bjornsen, Daniel B. Kissinger, Kara Schneider, Lindsay Vik, and Jessica Gonzalez-Voller*

### **Before They Crash and Burn (Out): A Compassion Fatigue Resilience Model**

*Kerry A. Schwanz and Melissa Paiva-Salisbury*

### **Student Pharmacists' Emotional Responses and Coping During the COVID-19 Pandemic**

*Hannah E. Johnson, DeAundre Bumpass, Aric Schadler, and Jeffrey Cain*

### **Feasibility of a "Network of Champions" in Implementing a Program to Address Physician Well-being**

*Kerri Palamara, Sara Poplau, Cheryl Rusten, Maria L. Walter, Cynthia D. Smith, Clare Sipler, Susan Hingle, and Mark Linzer*

## Review

### **Wellness Review 2021, Part 2**

*Brian A. Ferguson and Martin Huecker*

## Humanities

### **The Last Conversation**

*Muhammad Ismail Khalid Yousaf*

## Innovation

### **Women Just Wanna Have Time: Wellness Innovation Research**

*Jessica Long, Julia Simon, Victoria DeMartelly, Candice Norcott, and Adrienne Dade*

### **Ideas to Action: Using Curriculum Design to Develop a "Roadmap to Wellness" Curriculum**

*Stehman, Christine R.; Williamson, Kelly; Dehon, Erin; Alvarez, Al'ai; Garg, Manish; and Lall, Michelle D.*

## Brief Report

### **Resident-Led Physical Wellness Initiative Linked to Less Burnout for Emergency Physicians during COVID-19 Pandemic**

*Camila A. Calderón, Adeola A. Kosoko, Salil K. Bhandari, Jason A. Lesnick, Derek R. Herkes, and Ryan M. Huebinger*

